

This month we focus on transport and transport concessions which are available to enable older people to continue to lead an active life.

Older and disabled people are entitled to a **bus pass**. This enables the holder to have free off-peak bus travel on local services within England. If you are a woman, the age of eligibility is your State Pension age.

If you're a man, it's the pensionable age of a woman born on the same day.

For more information contact us on 01375 389872



The **Senior Railcard** and the **Disabled Persons Railcard** are annual savings cards that can be purchased for a one-off cost that allows you to make big savings on most rail fares in UK.

The Senior Railcard is available to anyone aged 60. At present the cost is £30 for 1 year or £70 for a 3 year Railcard. You can buy it online or go to your nearest staffed railway station. Suitable ID is required on application.

A Disabled Persons Railcard allows you some other concessions and in some cases discount for an escort if you need one.

The Railcard entitles you to one third off of standard and first class rail fare throughout Great Britain. Also holders are eligible for offers on holidays, eating out and at some UK attractions.

Trans-Vol offers a **Community Transport scheme** for those who do not have access to a car and are unable to use public transport. Members can access door to door service for going to social activities.

Call us for more details on 01375 389872 or call 01375 391444

Those who receive the higher rate of the mobility component of DLA may be able to use this to access a new or specially adapted car through the **Motability scheme**.

Attendance Allowance is not accepted for this scheme.

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If you have difficulty walking and need to park close to your destination have you thought of applying for a **Blue Badge**? You do not have to be a car driver to apply as it can be used if you are a passenger in someone else's car.

Please phone us on 01375 389872 or call in and we will help you to complete the necessary application form.

Age Concern Thurrock is a registered charity no 1000274

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