

Assistive technology can provide help and support to older and vulnerable people in their own homes using information and communication technology.

It can be as simple as a telephone call to check you are alright or as complex as using sensors around your home that react automatically if something goes wrong, if you have a fall, and are unable to get up for instance or leave the tap or gas on.

A range of non-intrusive Telecare sensors offer a comprehensive way of managing the risks to a person's health and home environment 24 hours a day, 365 days a year enabling people to live independently for as long as possible while increasing their safety and quality of life. It is necessary to have an assessment by a social care professional for some of the items available, and sometimes there may be a small charge.



If you would like more information please call us on 01375 389872 or call Thurrock Council Community Solutions team on 01375 652868.



One of the most popular pieces of assistive technology is the Careline emergency home alarm. This pendant alarm is available to vulnerable and elderly residents and is useful to summon help

- if you have a fall and cannot get up
- cannot move due to sudden illness or need urgent medical attention
- suspect you have a bogus caller
- just need reassurance at any time

In an emergency you press the alarm button and it connects to your telephone and calls for help. The control centre staff will talk to you wherever you are in your home. You do not need to lift the telephone handset yourself or touch the phone at all. The centre staff will ascertain what level of help is needed and provide it staying on the line and talking to you if necessary until it arrives.

Age Concern Thurrock is a registered charity no 1000274

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